Lemon & Lime Cordial

Preparation time: 10 mins (+ 10 mins cooling/4 hrs chilling) Cooking time: 10 mins Serves 9 (Makes 185ml/9 x 20ml serves)



FOOD SERVICE

Finely grated zest of 1 lime Finely grated zest of 1 lemon 1/2 cup freshly squeezed lime juice 1/2 cup freshly squeezed lemon juice 1/2 cup water

1 cup **Equal Stevia Spoon for Spoon** lce cubes, to serve Chilled mineral, soda or water, to serve

Fresh mint sprigs, to serve (optional)

- Put lime zest, lemon zest, lime juice, lemon juice, water and Equal Stevia in a small saucepan. Cook, stirring, over a low heat until the sweetener dissolves.
- Increase heat to medium and bring to a simmer. Cook for 5 mins.
 Strain mixture through a fine sieve into a small jar.

Set aside for 10 mins to cool slightly. Cover and put in fridge for 3-4 hrs or until well chilled.

3. Put a few ice cubes in each glass. Add 1 Tbsp of cordial to each. Top up with chilled mineral water and serve with a mint sprig, if you like.



Perfect for diabetics and health conscious consumers wanting to reduce their sugar intake.

Customer Services Phone 0800 800 617

For more free recipes, register at: www.chelsea.co.nz/foodservice